

UNIVERSITY UNITED METHODIST CHURCH

August 23, 2020 | 10:30 a.m.

Pastor - Reverend Michelle Mejia



Order of Worship - Streaming Service

WE GATHER FOR PRAYER AND PRAISE

Gathering Music

Turn Your Eyes Upon Jesus
Bev Babcock - Piano

UMH #349

Welcome Message

Call to Worship

When it all just seems too much -
When our spirits are overwhelmed by sorrow,
When our minds are spinning with anxious chatter and fear,
When our bodies are weary from our constant striving,
When we feel angry and hopeless at the injustice and ugliness of the world.

Stop.
Pause.
Be.

This, too, is a doorway to God.
A path to surrender Self.
To come to stillness,
To speak the truth in one honest word – Help.
And to let God be God again.

*I raise my eyes toward the mountains.
Where will my help come from?*

*My help comes from the Lord,
the maker of heaven and earth.*

Help.
Over and over, we pray,
in a million different ways and words,
the same prayer -
Help.

Hymn of Praise

O God Our Help in Ages Past

UMH #117

Verse 1

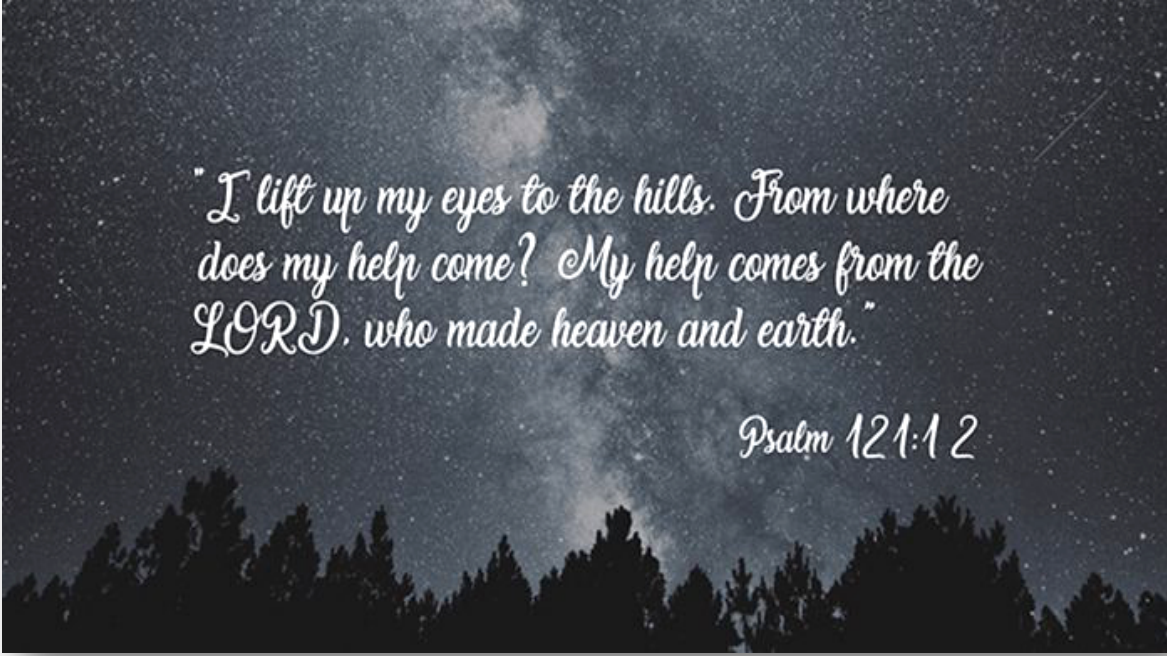
O God, our help in ages past,
Our hope for years to come,
Our shelter from the stormy blast,
And our eternal home!

Verse 2

Beneath the shadow of thy throne,
Still may we dwell secure;
Sufficient is thine arm alone,
And our defense is sure.

Verse 6

O God, our help in ages past,
Our hope for years to come,
Be thou our guide while life shall last,
And our eternal home!



*"I lift up my eyes to the hills. From where
does my help come? My help comes from the
LORD, who made heaven and earth."*

Psalm 121:1-2

Opening Prayer

Dear God,
Three things we pray.
Help. Please help. Please, please help.
Surround this world and all who are in it with your healing love and light.
In Jesus' name. Amen.

The Lord's Prayer

Our Father who art in heaven, hallowed be thy name.
Thy kingdom come. Thy will be done on earth as it is in
heaven. Give us this day our daily bread, and forgive us our
trespasses, as we forgive those who trespass against us,
and lead us not into temptation, but deliver us from evil.
For thine is the kingdom and the power,
and the glory, forever. Amen.

WE HEAR GOD'S WORD

Prayer of Illumination

God, source of all light, by your Word you give light to the soul.
Pour out on us the spirit of wisdom and understanding
that our hearts and minds may be opened. Amen.



Psalm 121 I lift up my eyes to the hills- from where will my help come? **2** My help comes from the Lord, who made heaven and earth. **3** He will not let your foot be moved; he who keeps you will not slumber. **4** He who keeps Israel will neither slumber nor sleep. **5** The Lord is your keeper; the Lord is your shade at your right hand. **6** The sun shall not strike you by day, nor the moon by night. **7** The Lord will keep you from all evil; he will keep your life. **8** The Lord will keep your going out and your coming in from this time on and forevermore.

Psalm 46

1 God is our refuge and strength, a very present help in trouble. **2** Therefore we will not fear, though the earth should change, though the mountains shake in the heart of the sea; **3** though its waters roar and foam, though the mountains tremble with its tumult. **4** There is a river whose streams make glad the city of God, the holy habitation of the Most High. **5** God is in the midst of the city; it shall not be moved; God will help it when the morning dawns.

6 The nations are in an uproar, the kingdoms totter; he utters his voice, the earth melts. **7** The Lord of hosts is with us; the God of Jacob is our refuge. **8** Come, behold the works of the Lord; see what desolations he has brought on the earth. **9** He makes wars cease to the end of the earth; he breaks the bow, and shatters the spear; he burns the shields with fire. **10** "Be still, and know that I am God! I am exalted among the nations, I am exalted in the earth." **11** The Lord of hosts is with us; the God of Jacob is our refuge.

Leader: This is the Word of God for the People of God.

All: Thanks be to God.



Sermon

Pastor Michelle Mejia

Prayers



WE RESPOND TO GOD'S WORD

Giving of our Gifts

*If you haven't already done so, we hope you'll share your gifts.

Music Ministry

My Help
Millicent Scarlett

Doxology

UMH #94

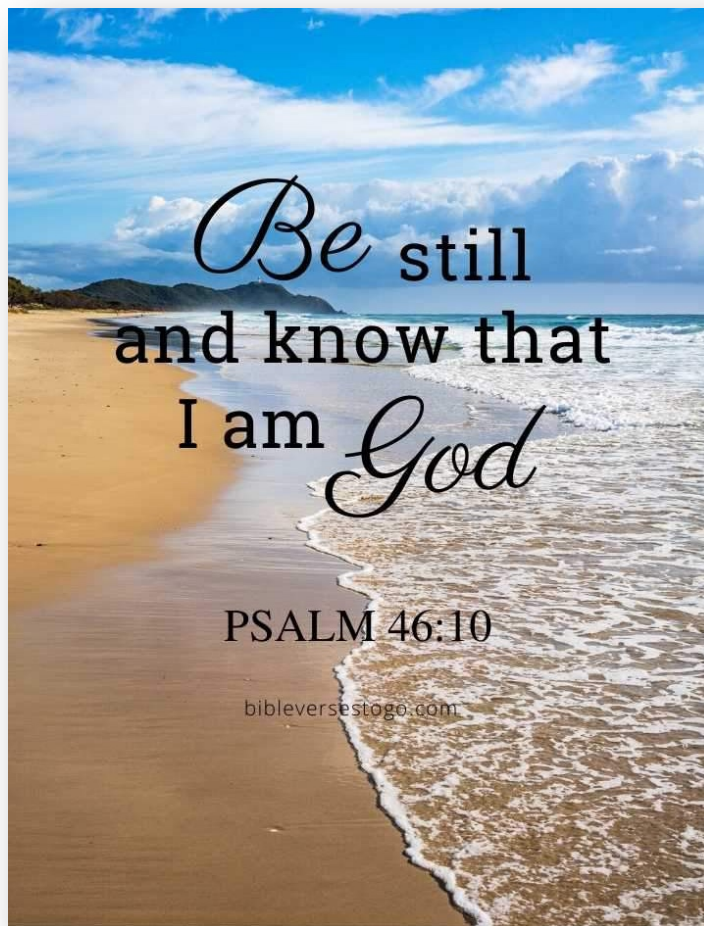
Praise God, from whom all blessings flow;
Praise God, all creatures here below: Alleluia! Alleluia!
Praise God, the source of all our gifts!
Praise Jesus Christ, whose power uplifts!
Praise the Spirit, Holy Spirit! Alleluia! Alleluia! Alleluia!

Verse 1

Sing praise to God who reigns above,
the God of all creation,
the God of power, the God of love,
the God of our salvation.
With healing balm my soul is filled
and every faithless murmur stilled:
To God all praise and glory.

Verse 2

The Lord is never far away,
but through all grief distressing,
an ever present help and stay,
our peace and joy and blessing.
As with a mother's tender hand,
God gently leads the chosen band:
To God all praise and glory.



Passing of the Peace

Blessing

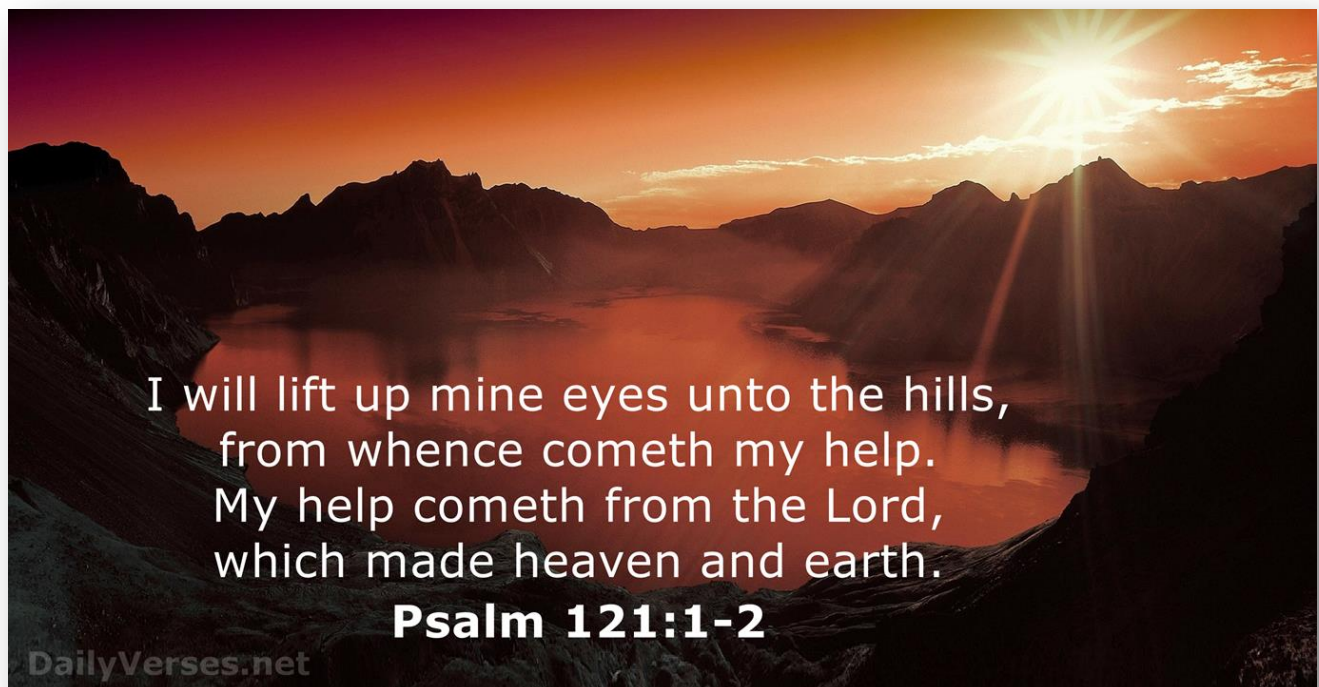
Postlude

Shalom to You
Beverly Babcock –Organ

UMH #666

**To share your offering, you may use this link: <https://www.uumcp.org/electronic-giving>
Another option is to mail your offering to the church office:
3621 Campus Drive | College Park, MD 20740*

Opening prayer written by Michelle Mejia. Flower picture on the announcement page by Frances Notley.
Worship flowers donated by Frances and David Notley; arrangement created by Marie Venero.



Favorite Scripture

Psalm 100 Make a joyful noise unto the Lord, all ye lands.

² Serve the Lord with gladness: come before his presence with singing.

³ Know ye that the Lord he is God: it is he that hath made us, and not we ourselves; we are his people, and the sheep of his pasture.

⁴ Enter into his gates with thanksgiving, and into his courts with praise: be thankful unto him, and bless his name.

⁵ For the Lord is good; his mercy is everlasting; and his truth endureth to all generations.



Janis Pressley shares, "A scripture verse that speaks to me is Psalm 100 as written in the King James version. It has all the elements that we strive for as Christians: joy, service, singing, thankfully, praise, etc. I especially love verses 3 and 5 that tell us why we try to do all that: we were made by and belong to the good and forever God. Hallelujah!"



Announcements – August 23, 2020

SIMPLE PRAYERS SERMON SERIES Have you ever wondered how to pray? Have you ever felt that your prayers were not *something* enough? (good, eloquent, frequent, etc.?) Our prayer lives ebb and flow with our lives, but prayer can be as simple as one honest word. Join us for worship as we explore four simple prayers over the next four weeks and practice paying attention and telling God the truth through these short prayers: Help! Thanks. Wow! Oops.

August 16th Oops! Psalm 32 and Psalm 51

August 23rd Help: Psalm 121 and Psalm 46

August 30th Thanks: Psalm 100 and Psalm 103

September 6th Wow! Psalm 8 and Psalm 19

ADULT SUNDAY SCHOOL Join our Sunday School class (via Zoom) for a discussion of scriptures, sharing of insights, and time of fellowship. We meet Sundays at 11:15 after our worship service. Details are in the email blast from this week.

WEDNESDAY PRAYERS Join Pastor Michelle and members of your church family in a time of sharing prayers on Wednesdays at noon, via a conference call. The phone number will be emailed to you prior to the meeting time. For questions, please contact the church office: office@uumcp.org

AUGUST HYMN SING You won't want to miss this fun evening! Mark August 27 at 7:30 p.m. on your calendar and get ready for an entertaining night of singing and fellowship (via Zoom). Don't be worried about others hearing you – only the leader, Millie, can be heard. Please send your hymn requests to the church office by Wednesday August 26 so that the lyrics and music can be prepared for participants. office@uumcp.org

University United Methodist Church

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Prayer Requests: prayers@uumcp.org

Michelle Mejia, Pastor: revmichelle@uumcp.org

